

D = direct sow
 T - transplant
 C = cutting

Central Florida Seed Starting Month by Month

	D, T, C	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Amaranth	DT			✓	✓	✓	✓	✓	✓	✓			
Arugula	DT	✓	✓	✓						✓	✓	✓	✓
Beets	D	✓	✓							✓	✓	✓	✓
Basil*	DTC	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓
Beans*	D		✓	✓	✓	✓				✓			
Bok choy	DT	✓	✓	✓	✓						✓	✓	✓
Broccoli*	T	✓							✓	✓	✓	✓	✓
Brussel sprouts	T										✓	✓	✓
Cabbage	T	✓								✓	✓	✓	✓
Carrot*	D	✓	✓	✓					✓	✓			
Cauliflower	T	✓							✓	✓	✓		
Chard/Swiss chard	DT		✓	✓	✓						✓	✓	✓
Cilantro	DT	✓	✓	✓	✓						✓	✓	✓
Collards	T	✓	✓	✓					✓	✓	✓	✓	✓
Corn	DT	✓	✓	✓					✓	✓			
Cow peas/black eyed peas	D				✓	✓	✓	✓	✓				
Cucumbers*	DT		✓	✓					✓	✓			
Eggplant*	T	✓	✓	✓	✓				✓	✓			
Kale	DT	✓	✓							✓	✓	✓	✓
Leeks	DTC									✓	✓		
Lettuce	DT	✓	✓	✓	✓					✓	✓	✓	✓
Luffa	DT				✓	✓	✓						
Malabar spinach	DTC			✓	✓	✓	✓	✓	✓	✓			
Melon	DT	✓	✓	✓						✓			
Mustard	DT	✓	✓	✓						✓	✓	✓	✓
Nasturtium	DT		✓	✓	✓	✓	✓			✓	✓	✓	✓
New Zealand spinach	DTC			✓	✓	✓	✓			✓	✓		
Okra	DT				✓	✓	✓	✓	✓				
Onions	DTC								✓	✓	✓	✓	✓
Parsley	DT	✓	✓	✓						✓	✓	✓	✓
Peas (snap or snow)	D	✓	✓	✓							✓	✓	✓
Peppers	T	✓	✓	✓					✓	✓	✓		
Potatoes	D	✓	✓									✓	✓
Seminole pumpkin	DT		✓	✓	✓	✓	✓	✓	✓				
Sweet Potatoes	DC	✓	✓	✓	✓	✓	✓	✓	✓				
Radish	D	✓	✓	✓						✓	✓	✓	✓
Squash (winter)	DT		✓	✓	✓				✓	✓			
Summer squash/Zucchini	DT		✓	✓	✓				✓	✓			
Sunflowers	DT	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Tomatillo	DTC	✓	✓	✓					✓	✓	✓		
Tomato	DTC	✓	✓							✓	✓		
Turnips	D	✓	✓	✓				✓	✓	✓	✓	✓	✓

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This list is for commonly available cultivars.

*Indicates heat tolerant cultivars available